

# A CLINICAL FRAMEWORK FOR HUMAN TRAFFICKING RECOVERY



# ↑ BUILD BEYOND

**MAY 15-17, 2017**

**Indianapolis, Indiana | Schrott Auditorium at Butler University**

**CLICK HERE TO REGISTER**

Get the early bird rate of \$275 until April 1

or visit [www.picatic.com/BuildBeyond2017](http://www.picatic.com/BuildBeyond2017)

**Build Beyond** is a comprehensive three-day training event that will equip you to care more effectively for survivors of human trafficking and commercial sexual exploitation. This annual training will help you adapt your professional skills to meet the unique needs of this population. By customizing your treatment approach, you will empower survivors to Build Beyond their current circumstances and past experiences to reach the life they desire.

Taught by survivors and subject matter experts, this conference will engage participants through lecture and experiential demonstrations. Build Beyond is ideal for mental health professionals currently working with survivors of domestic trafficking or individuals working toward licensure in counseling, therapy or social work.

This conference offers a total of 18 Continuing Education credits for LSW, LCSW, LMFT, LMHC.

Build Beyond is hosted by Ascent 121 in partnership with Butler University and The Desmond Tutu Center. Ascent 121 provides long term trauma recovery services for teen survivors in Indiana. In 2016, they served 110 girls in residential and community-based programs.



**Ascent121.org | Advocacy and recovery services for teen survivors of human trafficking**

# EVENT DETAILS

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## Day 1: An In-Depth Overview of CSEC/DMST (CEUs: 6)

Participants will gain an understanding of:

- Domestic sex trafficking and commercial sexual exploitation
- Myths and misconceptions of sex trafficking
- Trauma bonding in the context of sex trafficking
- Vulnerabilities, risk factors and pimp tactics that draw victims into trafficking
- Exit strategies and relapse: why it is so hard to leave
- Strategies of self-protection: cognitive, relational, emotional, physical, spiritual



**Elle Snow**, a survivor of domestic sex trafficking, is helping to lead the battle against commercial sexual exploitation through prevention education, training, and advocacy. Elle has been honored by her local Soroptimist, Domestic Violence Coordinating Council, and both local and national politicians. She is a member of Soroptimist International and National Survivor Network, is an active board member with Humboldt DV Services and is a proud graduate of Rebecca Bender Initiative's Elevate program. Elle is the President and Founder of Game Over an anti-trafficking organization in California.



**Jessa Dillow Crisp** uses her childhood experience of severe abuse and trafficking to illustrate both the stark realities of sex trafficking and the truth that healing transformation is possible. After her escape and recovery process, Jessa got her degree in Christian Counseling and is presently working on her Master's as a step towards obtaining a Psy.D in Clinical Psychology. Jessa is a member of the Rebecca Bender Initiative speaking team and serves as the Director of the Carriers of Hope program in Denver.

## Day 2: Complex Trauma (CEUs: 6)

Participants will gain an understanding of:

- Complex trauma in the context of survivors of sex trafficking
- Ways in which the complex trauma approach to treatment is different from other types of trauma-informed care
- Trigger responses
- Window of tolerance and physiological reaction responses common to survivors
- The importance of family participation in the recovery process
- Trauma Informed Treatment Models



**Elizabeth Hopper, Ph.D.**, is a Clinical Psychologist, Senior Supervisor, and member of the Training Faculty at the Trauma Center at Justice Resource Institute in Boston, one of the nation's leading agencies in the study and treatment of the psychological impact of exposure to trauma. She is the Director of Project REACH, a national anti-human trafficking program that provides direct services to domestic and foreign national trafficking survivors and that offers training and consultation to a network of cross-discipline professionals throughout the country.

## Day 3: Intervention & Therapeutic Programming (CEUs: 6)

Participants will gain an understanding of:

- Unique treatment needs of survivors
- The importance of cohesion in groups and residential settings
- Responding to relapse
- Strengths-based treatment in the context of sex trafficking
- Experiential therapy and why it is effective for survivors of trafficking



**Tracy Busse** is a Licensed Professional Counselor and Approved Clinical Supervisor from Atlanta. She has been providing therapeutic services to children, adolescents, adults, and families for over ten years. Tracy specializes in working with adolescents and women that have experienced sex trafficking. She is trained in evidenced-based practices for treating trauma including; Eye Movement Desensitization and Reprocessing (EMDR), the Progressive Counting Method (PCM), and Trauma Focused Cognitive Behavioral Therapy (TF-CBT).