



**Build Beyond Conference 2018**  
May 3-4 • Indianapolis • East 91st Street Church

Tickets on sale at [Ascent121.org](http://Ascent121.org)

**Build Beyond** is a clinically-focused annual training event that will equip you to care more effectively for survivors of human trafficking and commercial sexual exploitation. The conference features nationally acclaimed speakers who focus on different intervention techniques, treatment models, and education about the trauma recovery process. The agenda each year is unique as a new treatment model is introduced. **This year we will be talking about engagement strategies, addressing the obstacles presented by shame and going in-depth on the Collaborative Change Model** of treatment. By learning to customize your treatment approach, you will empower survivors to Build Beyond their current circumstances and past experiences to reach the life they desire.

Build Beyond is ideal for behavioral health professionals currently working with survivors of domestic trafficking or individuals working toward licensure in counseling, therapy or social work. The conference offers a total of 12 Continuing Education credits for LSW, LCSW, LMFT, LMHC.

Build Beyond is hosted by Ascent 121, an Indianapolis agency that provides long term trauma recovery services for teen survivors. Ascent 121 serves over a hundred kids each year through community-based, residential and aftercare programs.

**What's new this year:**

Therapeutic Programming: The Collaborative Change Model  
How Developmental Trauma Shows Up: exploring shame, vulnerability, and behaviors in trafficking survivors



ASCENT 121

*Advocacy and recovery services for teen survivors of human trafficking*

*[Ascent121.org](http://Ascent121.org)*

## Day 1: (CEUs: 6)

### Survivor Perspective: engagement strategies and overcoming barriers

*Participants will gain an understanding of how to:*

- Identify and apply empowerment strategies when working with survivors of commercial sexual exploitation
- Summarize and practice a relational, strengths-based approach when working with survivors
- Recognize potentially harmful practices that could place survivors in a position of being re-exploited

### How Developmental Trauma Shows Up: exploring shame, vulnerability, and behaviors in trafficking survivors

*Participants will gain an understanding of how to:*

- Develop and incorporate an identity formation into their treatment delivery
- Explain the concept of balanced shame and vulnerability
- Recognize the importance of client autonomy and engage in a collaborative relationship with clients



**Trainer:**

Debi Grebenik trains internationally and is known for her expertise in healing child trauma. She also has extensive experience in working with survivors of human trafficking and providing consulting to specialized agencies. Debi is known for her engaging and enthusiastic presentations on healing for children, youth, families, teams, and systems.

Her education includes a Master's Degree in Social Work; a Master's Degree in Religious Education; a Ph.D. in Educational Leadership and Innovation from the University of Colorado. Debi is the Chief Knowledge Officer of Alia, a new nonprofit organization focused on innovations for people and systems impacted by childhood trauma. Previous to Alia, Debi served as the Executive Director of Maple Star Colorado, a child welfare agency providing foster care, domestic violence advocacy, human trafficking services, clinical services, autism supports, placement prevention, and other innovative programming.

From 2014-2017, Debi served a 4-year Gubernatorial appointment on the Colorado Council on Human Trafficking Council, during which time she co-chaired the Standards & Certification Task Force. She began and monitored a treatment foster care home for Human Trafficking survivors in Colorado and has developed multiple assessment and training tools for use with the population. Additionally, she provided both case consultation for trafficking survivors involved with the child welfare system and served on the Family Foster Treatment Association's Minor Domestic Sex Trafficking focus group.

## Day 2: Intervention & Therapeutic Programming: The Collaborative Change Model (CEUs: 6)

*Participants will gain an understanding of:*

- The Collaborative Change Model as it applies to trafficking
- Clinical elements of ethical attunement for all levels of professionals
- Survivor response to treatment and how to help the regulate in relationships to treatment providers



**Trainer:**

Mary Jo Barrett is the Executive Director and founder of The Center for Contextual Change, Ltd. She holds a Masters in Social Work from the University of Illinois Jane Addams School of Social Work and is currently on the faculties of University of Chicago, School of Social Service Administration, The Chicago Center For Family Health, and the Family Institute of Northwestern University.

Ms. Barrett's newest book, *Treating Complex Trauma: A Relational Blueprint for Collaboration and Change*, co-authored by Linda Stone Fish, was released in June 2014. *Treating Complex Trauma* was designed for both lay and professionals audiences to understand and harness the natural process of healing and change after trauma. She co-created the Collaborative Change Model, a highly successful contextual model of therapy used to transform the lives of those impacted by abuse and/or traumatic events.

*This event is sponsored by*



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