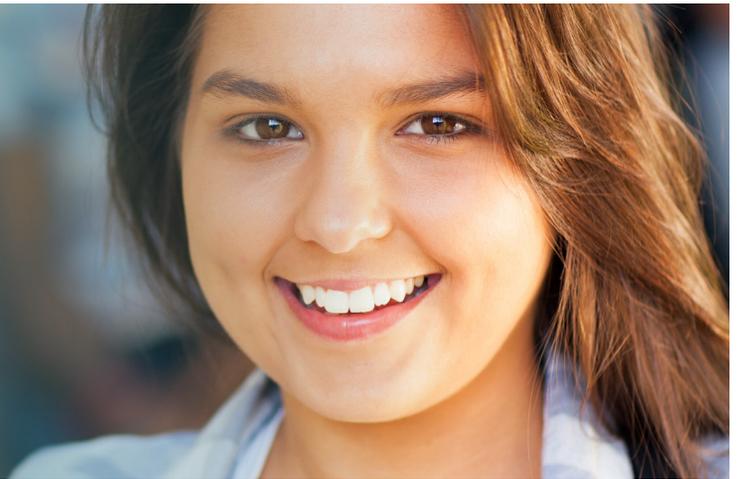


# HOW CAN YOU MAKE A *REAL* DIFFERENCE?



Ascent 121 provides advocacy and recovery services for teen survivors of sex trafficking in Indiana. The Ascent 121 staff is delighted to provide this opportunity to those who want to make a real difference. Due to the trauma experienced in trafficking and to confidentiality regulations, volunteers do not work directly with the survivors. This project would be a great help to us.

## ACTIVITY KIT PROJECT

Many of the teen survivors served by Ascent 121 live in a locked secure residential recovery center for six to twelve months. They participate in medical and therapeutic care, attend high school classes, and have free time for activities. It is fun and therapeutic to have a variety of activities for the girls to enjoy during their recovery.

### Step One

As a group, learn more about domestic minor sex trafficking and the work of Ascent 121 by visiting [Ascent121.org](https://www.ascent121.org).

- ▶ Click **WHAT WE DO** and watch the short video.
- ▶ Next, click **WHAT WE DO>SURVIVOR SERVICES>RESIDENTIAL SERVICES** to learn about their experience.

### Step Two

Discuss as a group what type of activity kit you would like to assemble and who will collect each of the items. Here are some ideas for you to consider when assembling activity kits for 12 girls in recovery and four Ascent 121 staff members:

- ▶ **CROCHET KIT:** 24 crochet hooks, 24 balls of yarn (must be new, store bought, sealed in original plastic packaging)
- ▶ **PAINTING KIT:** 24 8x10 oil paint canvases, 12 multicolor acrylic paint sets and brushes
- ▶ **COLORING KIT:** coloring pages for 12 girls (can be photocopied from one book or your group could choose to provide 12 books, or draw your own!), 12 sets of markers or twistable crayons (no colored pencils please as sharpeners are not allowed)

- ▶ **SCRIPTURE COLORING KIT:** coloring pages for 12 girls (can be photocopied from one book or your group could choose to provide 12 books, or draw your own!), 12 sets of markers or twistable crayons (no colored pencils please as sharpeners are not allowed)
- ▶ **NAIL SALON KIT:** 12 bottles of nail polish (multi-colors, the brighter the better and they love sparkles and fun colors), 12 cardboard nail files (no metal!), 24 individually wrapped nail polish removers
- ▶ **DORM ROOM DOOR DECORATIONS:** holiday or seasonal themes are always welcome. There are 12 doors.
- ▶ Feel free to come up with your own ideas for a kit theme!

*Note: All kits may include snacks (must be individually wrapped, store bought, and non-perishable). For door decorations and craft projects please pre-cut all components for the project as no scissors are allowed in the residential center. Please provide everything necessary to complete the project: tape, markers, glue, etc.*

### Step Three

Set a date to bring the items to Group. Once you've prepared all the items for the activity kit, spend some time praying for the Ascent 121 girls who will enjoy them. You are welcome to write a message of encouragement to enclose in the kit box (please leave envelopes unsealed). Please place all the items in a plastic tub with a lid labeled with the name of the activity (i.e. Activity Kit: Painting). Enclose in the box a note that says what church or organization you are from and the contact information for the leader of your group.

### Step Four

Contact Megan McGuire ([megan.mcguire@ascent121.org](mailto:megan.mcguire@ascent121.org)) at Ascent 121 to arrange a time to drop off the box at her home in Carmel. Thank you!

*Ascent 121 is a faith-based, non-profit human services organization with a goal of addressing commercial sexual exploitation and domestic human trafficking through therapeutic victim services, awareness and outreach.*

[Ascent121.org](https://www.ascent121.org) | 317.759.0067 | [@AscentOne21](https://twitter.com/AscentOne21)

