

HELP A TEEN MOTHER WELCOME A NEW BABY



Ascent 121 provides long term trauma recovery services for teen survivors of sex trafficking in Indiana. The Ascent 121 staff is delighted to provide this opportunity to those who want make a real difference. Due to the trauma experienced in trafficking and to confidentiality regulations, volunteers do not work directly with the survivors. This project would be a great help to us.

BABY SHOWER IN A BOX

Several times each year, we have teen girls in our programs who are expecting a baby as a result of their trafficking. As you might imagine, there are many conflicting emotions for the expecting mother. Not only is she recovering from her own complex trauma, but at the same time she trying to prepare herself to become a mother at a very young age. It is an incredible blessing to receive necessities for her baby.

Step One

As a group, learn more about domestic minor sex trafficking and the work of Ascent 121 by visiting [Ascent121.org](https://www.ascent121.org).

- ▶ Click **WHAT WE DO** and watch the short video.
- ▶ Next, click **WHAT WE DO>SURVIVOR SERVICES>COMMUNITY BASED SERVICES** to learn about their experience.

Step Two

Discuss as a group what items you would like to include in your baby shower box. Please note that it is most helpful to us to have unisex selections, so please steer clear of pink and blue. You are welcome to include whatever items you choose. These are suggested items we find helpful:

- ▶ One large bottle and one small bottle
- ▶ 30 newborn diapers, baby wipes
- ▶ Pacifiers and clips
- ▶ Several 0-3 month onesies (short and long sleeves)
- ▶ Two 0-3 month sleepers
- ▶ Two 0-3 month outfits
- ▶ Package of 0-3 month socks

- ▶ Burp cloths
- ▶ Bathing essentials
- ▶ A plush toy and/or a cloth book
- ▶ Blanket
- ▶ Boppy

Step Three

Set a date to bring the items to Group. Spend some time praying for the teen mom and her new baby. You are welcome to write a message of encouragement to enclose in the box. **Please pack all the items in a plastic tub with a lid labeled Baby Shower.** Enclose in the box a note that says what church or organization you are from and the contact information for the leader of your group. If you would like to include names and email addresses for all the members of your group, we would like to thank them all and add them to our newsletter list to keep them apprised of our work.

Step Four

Contact Megan McGuire (megan.mcguire@ascent121.org) at Ascent 121 to arrange a time to drop off the box at her home in Carmel or at our west office in Indianapolis.

FAQS

What about used donations? These kids experience a deep sense of shame. In effort to encourage their dignity and self-worth, we prefer all items be new.

What else does she need? If you would like to do more than just what is in the box, we welcome your donation of larger items such as a bouncer, diaper bag, stroller, pack and play, carseat, baby book.

Ascent 121 is a faith-based, non-profit human services organization with a goal of addressing commercial sexual exploitation and domestic human trafficking through therapeutic victim services, awareness and outreach.

[Ascent121.org](https://www.ascent121.org) | 317.759.0067 | [@AscentOne21](https://www.instagram.com/AscentOne21)