



WE LOVE TO CELEBRATE BIRTHDAYS!!!

Ascent 121 provides long-term trauma recovery services for teen survivors of sex trafficking in Indiana. The Ascent 121 staff is delighted to provide this opportunity to those who want make a real difference. Due to the trauma experienced in trafficking and to confidentiality regulations, volunteers do not work directly with the survivors. This project would be a great help to us.

BIRTHDAY PARTY IN A BOX

The road to recovery from extreme trauma is long, complicated and can be very discouraging. We are always looking for moments to celebrate. Birthdays are perfect opportunities for a party and we'd love for you to help the kids celebrate!

Step One

As a group, learn more about domestic minor sex trafficking and the work of Ascent 121 by visiting [Ascent121.org](https://www.ascent121.org).

- ▶ Click **WHAT WE DO** and watch the short video.
- ▶ Next, click **WHAT WE DO>SURVIVOR SERVICES>COMMUNITY BASED SERVICES** to learn about their experience.

Step Two

Discuss as a group what items you would like to include in your birthday box. Most of the kids we serve are teenage girls, so please plan party items that are appropriate for that audience. You are welcome to choose whatever you'd like to include. These are suggested items we find helpful:

- ▶ A box of cupcake or brownie mix. You do not need to include pans, but should include things like paper baking cups if you select cupcake mix. (No peanut butter or nuts, please)
- ▶ Sprinkles, frosting, candles
- ▶ Paper plates, cups, napkins (for 10 people)
- ▶ Balloons
- ▶ No streamers please - we have lots already

- ▶ A sheet of colorful paper and stickers that the kids can use to make a birthday sign. We have markers already.
- ▶ Birthday gift ideas: devotional for teens, Kali fuzzy flip flop slippers (size 9/L), journal, a teen fiction book, a card game like Spot It, Emojinks, SmackIt or UNO, MadLibs, adult coloring book, 100-piece puzzle.
- ▶ Individually wrapped, non-perishable snacks or candy. No bubble gum and no lollipops please.

Step Three

Set a date to bring the items to Group. Spend some time praying for the birthday girl. You are welcome to write a message of encouragement to enclose in the box. **Please pack all the items in a plastic tub with a lid labeled Birthday Party.** Enclose in the box a note that says what church or organization you are from and the contact information for the leader of your group. If you would like to include names and email addresses for all the members of your group, we would like to thank them and add them to our newsletter list to keep them apprised of our work.

Step Four

Contact Megan McGuire (megan.mcguire@ascent121.org) at Ascent 121 to arrange a time to drop off the box at her home in Carmel or at our west office in Indianapolis.

FAQS

Can we wrap the gifts? For their safety, we can not give the kids something we have not verified is appropriate for them. If you choose to wrap a gift, please wrap the top and the bottom of the box separately so that we can open before presenting it.

Ascent 121 is a faith-based, non-profit human services organization with a goal of addressing commercial sexual exploitation and domestic human trafficking through therapeutic victim services, awareness and outreach.

[Ascent121.org](https://www.ascent121.org) | 317.759.0067 | [@AscentOne21](https://www.instagram.com/AscentOne21)



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