



# SCHOOL BREAK? IT'S TIME FOR FUN AND GAMES!

Ascent 121 provides long term trauma recovery services for teen survivors of sex trafficking in Indiana. The Ascent 121 staff is delighted to provide this opportunity to those who want make a real difference. Due to the trauma experienced in trafficking and to confidentiality regulations, volunteers do not work directly with the survivors. This project would be a great help to us.

## SCHOOL BREAK SPECIAL!

Many of the teen survivors served by Ascent 121 live in a secure residential recovery center for six to twelve months. They participate in medical and therapeutic care, attend high school classes, and have free time for activities. School breaks are an especially challenging time during residential recovery as many more activities are needed.

### Step One

As a group, learn more about domestic minor sex trafficking and the work of Ascent 121 by visiting [Ascent121.org](https://www.ascent121.org).

- ▶ Click **WHAT WE DO** and watch the short video.
- ▶ Next, click **WHAT WE DO>SURVIVOR SERVICES>RESIDENTIAL SERVICES** to learn about their experience.

### Step Two

- ▶ Discuss as a group what type of School Break Special you would like to assemble and who will collect each of the items. Here are some ideas:
- ▶ Board Games (must be new and wrapped in plastic)
- ▶ UNO, Spot It, Even Steven's Odd, NADA, Clue, Twister
- ▶ Dog Ate My Mad Libs

- ▶ Sidewalk Chalk (if it's a warm season)
- ▶ Bubbles (if it's a warm season – traditional small jars and wands – no guns please)
- ▶ Coloring pages and markers or crayons (no colored pencils please)
- ▶ DVD of a recently released PG rated movie
- ▶ 12 individually wrapped microwave butter popcorn
- ▶ Snacks! (*must be individually wrapped, store bought, non-perishable*)

### Step Three

Set a date to bring the items to Group. Once you've prepared all the items for the school break kit, spend some time praying for the Ascent 121 girls who will enjoy them. You are welcome to write a message of encouragement to enclose in the box. Please place all the items in a plastic tub with a lid labeled with School Break Special. Enclose in the box a note that says what church or organization you are from and the contact information for the leader of your group.

### Step Four

Contact Megan McGuire ([megan.mcguire@ascent121.org](mailto:megan.mcguire@ascent121.org)) at Ascent 121 to arrange a time to drop off the box at her home in Carmel. Thank you!

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*Ascent 121 is a faith-based, non-profit human services organization with a goal of addressing commercial sexual exploitation and domestic human trafficking through therapeutic victim services, awareness and outreach.*

[Ascent121.org](https://www.ascent121.org) | 317.759.0067 | [@AscentOne21](https://www.instagram.com/AscentOne21)

