



THEREFORE ENCOURAGE ONE ANOTHER AND BUILD EACH OTHER UP

Ascent 121 provides long term trauma recovery services for teen survivors of sex trafficking in Indiana. The Ascent 121 staff is delighted to provide this opportunity to those who want make a real difference. Due to the trauma experienced in trafficking and to confidentiality regulations, volunteers do not work directly with the survivors. Our staff is delighted to have your support of our agency in this project.

LETTERS OF ENCOURAGEMENT FOR THE STAFF (TOTAL NEEDED 14)

Teens that survive sex trafficking have endured extraordinary trauma. Working with those clients all day every day is very stressful to the Ascent 121 staff and frequently results in secondary trauma (stress, inability to sleep, challenges in maintaining relationships, overly emotional, depression, anxiety, etc.).

As a faith-based agency, scripture and words of encouragement are sincerely appreciated by the staff.

Step One

As a group, learn more about domestic minor sex trafficking and the work of Ascent 121 by visiting Ascent121.org.

- ▶ Click **WHAT WE DO** and watch the short video.
- ▶ Next, click **WHAT WE DO>SURVIVOR SERVICES>RESIDENTIAL SERVICES** to learn about their experience.

Step Two

Discuss as a group what kind of letters you would like to provide. Decide if you will purchase cards individually or

together and whether you will write them individually or as a group. Letters can include a message, a prayer, scripture verses, scripture coloring pages, a gift card such as \$10 Starbucks.

Step Three

Set a date to bring the items to Group. Once you've gathered your items, spend some time praying for the Ascent 121 staff members who will receive them. Prepare your letters and write Ascent 121 Staff on the outside of each envelope.

Please deliver cards in one zip lock plastic bag. Enclose in the bag a note that says what church or organization you are from and the contact information for the leader of your group.

Step Four

Contact Megan McGuire (megan.mcguire@ascent121.org) at Ascent 121 to arrange a time to drop off the bag at her home in Carmel. Thank you!

Ascent 121 is a faith-based, non-profit human services organization with a goal of addressing commercial sexual exploitation and domestic human trafficking through therapeutic victim services, awareness and outreach.

Ascent121.org | 317.759.0067 | [@AscentOne21](https://twitter.com/AscentOne21)

